

## LIVE ON MISSION: EVERYONE, EVERYWHERE, ALL THE TIME Activity List – Week 3

Read through the list below and have each person choose one of the following activities. Keep an open mind and allow the Holy Spirit to lead and guide you. Feel free to make up one of your own!

- Be generous. When you go to a drive-through this week, pay for the person behind you. Sometimes it's nice to do something without getting recognition.
- 2. Does someone owe you something? Forgive their debt, big or small, and forget about it. And by that we mean don't tell them.
- ✓ Read this great article: <u>desiringgod.org/articles/forgive-us-our-debts-as-we-forgive-our-debtors</u>. Then, spend time in prayer, listening to God and responding to what you have understood.
- 3. Eat lunch with your coworkers/peers and invite everyone, not just the 'cool kids.'
- Initiate a themed potluck
- ✓ Bring dessert and invite everyone to come visit over the break
- ✓ Share lunch in the same space
- Schedule a monthly 'restaurant discovery' lunch to try new or local restaurants in the area

- Entire nations can lose their identity through war, exile, genocide, or poverty. Piled on top of personal loss is the loss of cultural and corporate identity. Choose a nation close to your heart and pray.
- 5. Go to the same coffee shop and learn the names of the baristas.
- 6. Visit a relative you haven't seen or contacted in a very long time. Visit an elderly relative or friend who would be happy to have some company. Want to go the extra mile? Pick up something nice for them on your way!
- 7. Shovel a neighbour's driveway! Hopefully you can start a conversation!
- 8. Visit someone in the hospital or a resident in a seniors' home who doesn't have many visitors. Perhaps you can use this opportunity to visit another resident, make a new friend, and bring some joy into their day as well!

## FAMILIES ON MISSION: WEEK 3

 Donate something nice you no longer need to a local charity of your choice. Or, head to the grocery store and fill a bag or two to donate to the Calgary Food Bank. Want to go the extra mile? Make a habit of grabbing a few extra items to donate on your way out each time you shop!

For more info, check out DiscoveryLand's GodTime handout. You can pick these up outside your child's classroom or online: <u>faccalgary.com/kids/index.php</u> (under Grade School Parent Resources).